

## Peak Secrets From The New Science Of Expertise

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### Peak Secrets From The New

Peak: Secrets from the New Science of Expertise by Anders Ericsson and Robert Pool is literally the work of a lifetime, or possibly two lifetimes. It is filled with intriguing ideas and processes to become more effective in any area of life and any type of performance. It will be a permanent member of my all-time recommended books.

### Amazon.com: Peak: Secrets from the New Science of ...

Peak: Secrets from the New Science of Expertise had good intentions, but ultimately lost me by frequently being too long-winded and digressive. Furthermore, as I was listening to the audiobook, I felt like I was hearing reiteration after reiteration of the same ascertainment.

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### Peak: Anders Ericsson, Robert Pool, Sean Runnette ...

Peak: Secrets from the New Science of Expertise is a 2016 science book by psychologist K. Anders Ericsson and science writer Robert Pool. The book summarizes the findings of Ericsson's 30-year research into the general nature and acquisition of expertise. Intended for a lay audience, Peak is an expository book on deliberate practice, a term coined by Ericsson to refer to the specific learning method used by experts to achieve superior performance in their fields, and mental representations.

### Peak: Secrets from the New Science of Expertise - Wikipedia

Here's quick summary/notes of some key points from Peak: Secrets from the New Science of Expertise by Anders Ericsson and Robert Pool. Perfect pitch is a perfect example of something that appears to be an innate gift, but is actually explainable by specific training.

### Peak: Secrets from the New Science of Expertise Summary

Peak: Secrets from the New Science of Expertise by Anders Ericsson. Print | Hardcover | Audiobook. The Book in Three Sentences. Anders Ericsson has made a career studying top performers. We all have the seeds of excellence within us; it s just a question of nurturing them properly.

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### Peak Secrets from the New Science of Expertise - by Anders

"Peak: Secrets from the New Science of Expertise" is a comprehensive and insightful book for anyone interested in practical methods to improve skills. Anders Ericsson and Robert Pool are the authors of this classy book. This book was incredibly fascinating.

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PEAK SECRETS FROM THE NEW SCIENCE OF EXPERTISE. by Anders Ericsson & Robert Pool · RELEASE DATE: April 5, 2016. Challenging the notion that talent is innate. ...

### PEAK | Kirkus Reviews

Peak: Secrets from the New Science of Expertise Anders Ericsson, Robert Pool From the world's reigning expert on expertise comes a powerful new approach to mastering almost any skill. Have you ever wanted to learn a language or pick up an instrument, only to become too daunted by the task at hand?

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